



Markham Site     Uxbridge Site

## Functional Abilities Form (FAF)

**Fax Number: 905-472-7626**

### Section A: To be completed by the employee

Claim number (if available) \_\_\_\_\_  Initial form     Follow-up form

Employee Last name \_\_\_\_\_ First name \_\_\_\_\_

Home address \_\_\_\_\_ Postal Code \_\_\_\_\_

Date of accident/onset of illness \_\_\_\_\_ Area of affected (if applicable) \_\_\_\_\_

Job at time of accident/illness \_\_\_\_\_ Last day & shift worked \_\_\_\_\_

Department/Unit \_\_\_\_\_ Manager \_\_\_\_\_ Telephone \_\_\_\_\_

Employee Status     Full-time     Part-time     Casual

Physical Demands Analysis enclosed     Yes     No    Job description enclosed     Yes     No

### Section B: Employee Consent (to be completed by the employee)

I authorize the health professional involved with my treatment to provide me, my employer, the Hospital's benefit/insurance provider and/or the Workplace Safety and Insurance Board (if applicable) this completed form containing information about my ability to return to work.

Signature ..... Date .....

### Section C: To be completed by the treating health professional and returned to the employee

Examination Date..... Next Appointment Date (if applicable) .....

Date of accident/onset of illness/surgery ..... Area affected (if applicable) .....

Injury / Illness Non Work Related     Injury / Illness Work Related

Estimated recovery time ..... Dominate Hand     Right     Left

Is complete recovery expected     Yes     No, please specify.....

Have you discussed return to work with your patient?     Yes     No

Is further testing scheduled or required:..... If yes dates .....

### Ability to return to work (check only one):

- Able to return to work immediately without restrictions
- Able to return to modified duties; Start date: ..... Duration of limitations .....weeks
- Date expected to resume full duties ..... or ..... Weeks
- Unable to participate in any work, including modified duties for .....days or .....weeks

### If transitional duties are required, please check any specific medical restrictions necessary.

LIFTING (floor to waist)	<input type="checkbox"/> Full abilities	<input type="checkbox"/> Up to 5 kg	<input type="checkbox"/> 5 – 10 kg	<input type="checkbox"/> Other (please specify) _____	
LIFTING (waist to shoulder)	<input type="checkbox"/> Full abilities	<input type="checkbox"/> Up to 5 kg	<input type="checkbox"/> 5 – 10 kg	<input type="checkbox"/> Other (please specify) _____	
LIFTING (at or above shoulder)	<input type="checkbox"/> Full abilities	<input type="checkbox"/> Up to 5 kg	<input type="checkbox"/> 5 – 10 kg	<input type="checkbox"/> Other (please specify) _____	
CARRYING	<input type="checkbox"/> Full abilities	<input type="checkbox"/> Up to 5 kg	<input type="checkbox"/> 5 – 10 kg	<input type="checkbox"/> Other (please specify) _____	
PUSHING/PULLING	<input type="checkbox"/> Full abilities	<input type="checkbox"/> up to 7 kg	<input type="checkbox"/> up to 14 kg	<input type="checkbox"/> up to 25 kg	<input type="checkbox"/> Other(please specify) _____
HAND FUNCTION	<input type="checkbox"/> Avoid repetitive hand motion	<input type="checkbox"/> No strong gripping	<input type="checkbox"/> Avoid gripping		
REACHING	<input type="checkbox"/> No prolonged overhead reaching	<input type="checkbox"/> No overhead reaching	<input type="checkbox"/> Avoid any reaching		
SITTING	<input type="checkbox"/> Full abilities	<input type="checkbox"/> less than 30 min	<input type="checkbox"/> less than 1 hr	<input type="checkbox"/> Other (please specify) _____	

- STANDING  Full abilities  Up to 15 minutes  15 – 30 minutes  Other (please specify) \_\_\_\_\_
- WALKING Continuously  Full abilities  Up to 15 minutes  15 – 30 minutes  Other (please specify) \_\_\_\_\_
- STAIR CLIMBING  Full abilities  Up to 5 steps  5 – 10 steps  Other (please specify) \_\_\_\_\_
- LADDER CLIMBING  Full abilities  1-3 steps  4 to 6 steps  Other (please specify) \_\_\_\_\_
- BENDING  No prolonged bending  Occasional bending only  Avoid bending
- CROUCHING/KNEELING  Full abilities  Less than 30 minutes  less than 1 hour  Other (please specify) \_\_\_\_\_
- CPR  Can perform fully  Can initiate and maintain for 2 minutes  Unable to perform
- RESTRAINING PATIENT  Can restrain  No restraining

OPERATE MOTORIZED EQUIPMENT:  Yes please specify \_\_\_\_\_  No

EXPOSURE TO VIBRATION:  Yes please specify \_\_\_\_\_  No

TRAVEL TO WORK:

- Ability to use public transit  Yes please specify \_\_\_\_\_  No
- Ability to drive a car  Yes please specify \_\_\_\_\_  No

Please note any limitations/restrictions as they pertain to the following areas and provide details:

- Attention/Concentration: \_\_\_\_\_
- Memory: \_\_\_\_\_
- Decision making/Judgement: \_\_\_\_\_
- Organization/Planning: \_\_\_\_\_
- Ability to cope with multiple tasks: \_\_\_\_\_
- Working with others/Social Interaction/Communication: \_\_\_\_\_
- Self-supervision: \_\_\_\_\_
- Supervision of others: \_\_\_\_\_
- Deadline pressures: \_\_\_\_\_
- Exposure to confrontation: \_\_\_\_\_
- Responding to emergencies: \_\_\_\_\_
- Other: \_\_\_\_\_

Are there any other environmental sensitivities (e.g. chemical, latex,)? *Please describe* \_\_\_\_\_

If the employee is on medication how will it affect his/her performance at workplace & potential side effects? \_\_\_\_\_

What medical condition prevents this employee from attending work on a regular basis? \_\_\_\_\_

What treatment plans are in place to help this employee improve his/her medical condition and is he/she following the treatment? \_\_\_\_\_

Are there any outstanding medical treatments/tests and when they scheduled: \_\_\_\_\_

Has the patient been referred for consultative care?  No  Yes please specify \_\_\_\_\_  
 Specialist name: \_\_\_\_\_ Date of appointment: \_\_\_\_\_

If the ability management staff recommends this employee for functional abilities testing, are there any contraindications to the testing process:  Yes  No

**Comments/Specific Limitations:** Please describe any additional related medical restrictions pertaining to – effects of medication, driving vehicles or operating equipment, physical exertion, vibration, work environment, work hours.  
 .....  
 .....

(Please Print) Health professional's name and title .....  
 Address ..... Postal code .....  
 Telephone ..... Signature ..... Date .....