

NOTE: Incomplete and / or unsigned requisitions will be returned

PLEASE PRINT CLEARLY  
OR AFFIX LABEL WITH COMPLETE INFORMATION

MARKHAM STOUFFVILLE HOSPITAL CORPORATION

**CARDIO-RESPIRATORY AND  
ELECTRODIAGNOSTIC REFERRAL FORM**

Markham Site Booking Line: (905) 472-7020  
Fax: (905) 472-7078

Uxbridge Site Booking Line: (905) 852-9771 x5249  
Fax: (905) 852-2465

- Urgent**
- Routine**

Hospital MRN #: \_\_\_\_\_

Patient Name (Last, First): \_\_\_\_\_

Date of Birth (DD/MM/YYYY): \_\_\_\_\_ Sex:  F  M

Health Card #: \_\_\_\_\_ Version Code: \_\_\_\_\_

Telephone # (Best Daytime): \_\_\_\_\_

Alternate #: \_\_\_\_\_

Email \_\_\_\_\_

Date:	Referring MD	Signature	MD Phone#
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Additional Copies to:

Contact information for translator if required (Name & Number)

Clinical Information:

**CARDIOVASCULAR:**

- Holter Monitor  MSH  Uxbridge  24 hr  48 hr  72 hr
- Ambulatory Blood Pressure Monitoring (fee)
- Cardiac Stress Test
- Exercise Cardiolute Test
- Persantine Cardiolute Test - if patient is unable to walk on a treadmill/ LBBB
- Gated Heart - MUGA  MSH  UXB
- Echocardiogram - 2D with colour doppler  MSH  UXB
- ECHO with contrast
- Transesophageal Echo (TEE)  Previous Echo \_\_\_\_\_
- ECG only (done in Outpatient Lab)
- ECG with any Diagnostic Test (done in CRS)
- Fetal echo with consult (Fax to 416-282-9897)
- Pediatric echo with consult (Fax to 416-282-9897)

**Appt Date**      **Time**

**RESPIRATORY:**

- Routine Pulmonary Function Test
- Methacholine Inhalation Test (must have had a Pulmonary Function Test)
- Arterial Blood Gas
- 6 minute walk test - assessment of functional capacity
- Home Oxygen Assessment (Respirologist referral only)
- Exercise Induced Asthma Study (Respirologist referral only)
- Cardio-Pulmonary Exercise Test -  
Please include a copy of echo results or schedule an echo prior to this test
- Chest Xray

**ELECTRODIAGNOSTICS:**

- EEG Adult  EEG Sleep Deprived Adult
- EEG Infants (0 - 3 yrs)  EEG Sleep Deprived Pediatric (4 - 18 yrs)
- EEG Pediatric (4 - 18 yrs)

**PLEASE ARRIVE 15 MINUTES BEFORE YOUR APPOINTMENT TO REGISTER AND ARRIVE TO YOUR APPOINTMENT LOCATION.  
Bring Medications to your appointment. Brochures are available at [www.msh.on.ca/](http://www.msh.on.ca/) areas of care/diagnostic services**



Patients are discouraged from bringing their children to the hospital when the child is not the patient.  
Please visit [www.msh.on.ca](http://www.msh.on.ca)

## CARDIO-RESPIRATORY & ELECTRO-DIAGNOSTIC

**\* We ask that you please keep the area a PERFUME FREE ENVIRONMENT \***

**Echocardiogram (Ultrasound of the heart)** Allow 45 minutes. No Preparation needed. Wear two-piece outfit.

**Cardiac Stress Test** Takes 30 minutes. No coffee / tea day of test, eat two hours prior to test.  
Wear exercise clothing (shorts, pants, rubber soled shoes and short sleeved t-shirt). Stop Beta Blockers only on your Doctor's orders. Bring medications. No lotions / creams on chest.

**Holter Monitor / Ambulatory Blood Pressure Monitor** Takes 30 minutes. Wear a comfortable two-piece loose outfit and a belt. Bring medications. No lotions / creams on chest.

**Cardiolite Test** Takes approximately four hours **MUST BRING** comfortable pants or shorts, loose fitting short-sleeved shirt, rubber-soled closed toe shoes. Bring medications.  
-No Beta Blocker medicine for 48 hours (unless your Doctor tells you not to stop them) check with pharmacy which medicines are Beta Blockers.  
-No decaf or caffeine drinks, no green tea, no chocolate, no pop for 24 hours before test date.  
-No Tylenol or other medicines or supplements containing caffeine for 24 hours before test date.  
-No eating for three to four hours before test (diabetics may have juice).

**Cardio-pulmonary Exercise Test** Takes one hour. No alcohol 24 hours prior to test.  
No caffeine or nicotine day of test. Do not exercise day of test. Have only a light meal on day of test. Wear comfortable clothing and rubber-soled shoes. Bring all medications to your appointment.

**Pulmonary Function Test** Takes 30 minutes. No asthma inhalers 12 hours prior to the test, except **Salbutamol (Ventolin) which may be taken up to four hours prior to test**

**Methacholine Challenge** Takes one hour. Ensure detailed instructions are given to you by your Respiratory Therapist during your pulmonary function test. No asthma inhalers 12 hours prior to test.  
**No antihistamines four days prior to test. Salbutamol (Ventolin) may be taken up to eight hours prior to test.**

**Exercise Induced Asthma (Refer to Pulmonary Function Test and Cardiac Stress Test.)**  
Takes one hour and a half (not for children under age nine).

**EEG (Adult & Paediatric)** Wash hair day of test. No gels or hairsprays.  
No caffeine products (coffee, tea, chocolate).

**EEG Sleep Deprived (Adult)** Remain awake the entire night, wash hair day of test.  
No gels or hairsprays. No caffeine products (coffee, tea, chocolate).

**EEG Sleep Deprived (Paediatric)** Four to eight years old. (Remain awake from 0400 hrs).  
Nine - 12 yrs old. (Remain awake from 0200 hrs).  
13 - 17 yrs old. (Remain awake the entire night).  
Wash hair day of test. No gels or hairsprays. No caffeine products (coffee, tea, chocolate).

**EEG Infants** Keep child awake until time of the appointment.  
Bring something comforting for the child (i.e. blanket, soother, bottle.)

**YOU MUST ARRIVE 15 MINUTES BEFORE YOUR APPOINTMENT AND BRING THIS REQUISITION**