

## What to bring to your appointment

- OHIP card
- All medications in their labelled bottles or blister-pack
- Your glasses and hearing aids
- Your gait aid (cane, walker, wheelchair)
- A family member, friend or other caregiver who helps to take care of you
- A snack if you are a patient with diabetes

## Location

The Senior's Health Clinic is located on the second floor of Building A in Ambulatory Clinic 3  
Telephone: 905-472-7601  
Hours of Operation:  
Monday to Friday, 9 a.m. to 5 p.m.

## Where to park

Parking is available in Visitor's Parking Lot 1 – Main Entrance/Link Lobby.  
Located on Church Street between Ninth Line and Bur Oak and can be accessed by the entrance off of Butternut Lane.

## Where to go on the day of your appointment

Before proceeding to your appointment, you must **register with Main Entrance Registration** located in the Main Lobby (2nd Floor, Building A) **15 minutes before** your scheduled appointment.

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

To reschedule or cancel your appointment, call the Senior's Health Clinic at 905-472-7601.

If you are feeling unwell, have a high temperature, cough or sore throat on or before the day of your appointment, please reschedule your appointment.

BROSHC (5/18) (11/16)



MARKHAM STOUFFVILLE HOSPITAL

381 Church Street  
PO Box 1800  
Markham, Ontario L3P 7P3

www.msh.on.ca

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# Seniors' Health Clinic

## Ambulatory Services Clinic 3



## Patient Information



MARKHAM STOUFFVILLE HOSPITAL  
A PROUD HERITAGE – AN EXTRAORDINARY FUTURE

## Who we are

Dr. Raza Naqvi MD FRCPC –  
Geriatrician

Trini Das – Nurse Practitioner

Nafeesa Fatima - Nurse  
Practitioner

Vikki Lai  
Natalie Cheung  
Occupational Therapists

Our team will work together with you and your caregivers to optimize your health and quality of life.



## Why you were referred to the Seniors' Health Clinic

- Memory impairment
- Frequent falls
- Multiple medications
- Difficulty managing day-to-day living
- Home safety concerns
- Dementia management

You may have been referred to us by your family physician following a recent emergency department visit, after a recent hospitalization, or by the Geriatric Outreach Team who conducted a home visit with you.

## How do I prepare?

You may eat and drink prior to your appointment.

Your first appointment will take at least 90 minutes. You may require additional testing, which will make your appointment longer.

## What to expect during your visit

We will complete an interprofessional and comprehensive Geriatric assessment at your clinic visit, which may include:

- Medication changes
- Memory testing
- Balance and gait assessment
- Diagnostic imaging
- Laboratory tests
- Referral to other providers

## After your appointment

We will send a detailed report to your family doctor and the referring doctor. If necessary, you will be scheduled for a follow-up appointment.