

What to bring to your appointment

- OHIP card
- Copies of any reports or documents (given to you by your doctor or ED physician)
- Nut free snack/lunch as needed

Location

The Obstetrical Clinic is located on the 4th floor of Building B
Telephone: 905-472-7351
Hours of Operation:
Monday to Friday, 9 a.m. to 5 p.m.

Parking

The closest lot is Visitor's Parking Lot 1 – Main Entrance/Link Lobby.
Located off Church Street between Ninth Line and Bur Oak and can be accessed by the entrance off Butternut Lane.

Directions to the Lab

From the main lobby:

Pass the main registration desk and continue towards Clinics 2, 3 and 4. At the second hallway, turn left. The Lab is the first door on your right.

From the Obstetrical Clinic:

Exit the clinic and at the end of the hallway, turn right. Go through the double doors and turn left towards the elevators. Go to the 2nd floor and make your way to the Main Lobby. From there, pass the registration desk and continue towards Clinics 2, 3 and 4. At the second hallway, turn left. The Lab is the first door on your right.

Where to go on the day of your appointment

Before proceeding to your appointment, you must **register with Main Entrance Registration** located in the Main Lobby (2nd Floor, Building A) **15 minutes before** your scheduled appointment.

Appointment Date: _____

Appointment Time: _____

To reschedule or cancel your appointment, call 905-472-7351.

If you are feeling unwell, have a high temperature, cough or sore throat on or before the day of your appointment, please reschedule your appointment.

BROOBC (4/18) (8/17)



MARKHAM STOUFFVILLE HOSPITAL

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Obstetrical Outpatient Clinic



Patient Information



MARKHAM STOUFFVILLE HOSPITAL
A PROUD HERITAGE – AN EXTRAORDINARY FUTURE

Early Pregnancy Assessment:

- Your care provider may refer you for assessment if you've experienced spotting/bleeding or abdominal pain during early pregnancy
- A Registered Nurse and Obstetrician will review your test results which may include blood work and ultrasound
- Supportive counseling is available for early pregnancy loss from a Registered Nurse, Social Worker and/or the Chaplain.

Breastfeeding Support: Outpatient breastfeeding classes led by a lactation consultant

- Early breastfeeding support is important to ensure your success
- You will be scheduled for an appointment before you leave the hospital (this can be done independently, or through your nurse), ideally within 1-2 days of discharge
- Ongoing appointments are available and encouraged to guide your breastfeeding success

Postpartum Services:

In clinic, one-to-one follow-up with a Registered Nurse after discharge

- Appointments can be booked by you or through your care provider or nurse
- You may call to book an appointment for any postpartum concerns and health teaching
- Appointment types include face to face on site visits, class/group sessions or OTN.

OTN

- Live video conversation with an RN from the comforts of your own home on your laptop, tablet or computer using OTN (online tele-video network)
- Patients must consent prior to using OTN with the hospital



Pre-birth breastfeeding class with Margo Sexton, Lactation Consultant

Classes Offered:

Birth Options Class

- A discussion of birth options after having a Caesarean birth
- A discussion of a trial of labour after Caesarean versus a repeat Caesarean birth

Breastfeeding:

- Pre-birth outpatient classes (small charge to register)
- Postpartum breastfeeding classes

Call 905-472-7351 to book an appointment

Additional Resources:

- Public Health support and resources
- Social Worker supportive counseling
- Rhig administration
- Celestone administration



Breastfeeding class with Joan Bordash, Lactation Consultant