

Discharge Instructions - IV Sedation

You have received the following Anaesthetic that is checked ()

- Local Anesthetic** - An injection of anesthesia (freezing) to numb a small area at the site of your biopsy/procedure. It is common to feel mild or temporary numbness or tingling around the site.

- IV Sedation** - Medications given through your intravenous to relax you and decrease anxiety while you are still awake. It is common to have trouble remembering what happened during your procedure, and/or feel tired for the rest of the day. You must return home with a responsible adult who will remain with you overnight. You should not take public transit after the procedure.
With IV sedation, do not drive, use machinery or power tools or make important legal or financial decisions for the next 24 hours.

Diet

There are no diet restrictions. Avoid alcohol for 24 hours. Drink plenty of fluids for the next 24 hours.

Activity

Get plenty of rest for 24 hours after the procedure. Return to usual activities (school, work and home) as you feel able.

Dressing

You may bathe or shower the day after your IV sedation.

Follow Up

Return to see your doctor as directed.

CALL YOUR DOCTOR DURING OFFICE HOURS, OR GO TO THE NEAREST EMERGENCY DEPARTMENT OR CALL 911 IF YOU HAVE:

1. Chest pain, shortness of breath, difficulty breathing, or heart rate over 100 bpm
2. Dizziness, light headedness or confusion, exhaustion, extreme weakness
3. Persistent nausea or vomiting

Diagnostic Imaging Day Unit (905) 472-7373 ext.1521 (Mon-Fri 8:00am-3:00pm)

