

Discharge Instructions - Abscess Drain Insertion

You have received the following Anaesthetic that is checked ()

- Local Anesthetic** - An injection of anesthesia (freezing) to numb a small area at the site of your procedure. It is common to feel mild or temporary numbness or tingling around the site.
- IV Sedation** - Medications given through your intravenous to relax you and decrease anxiety while you are still awake. It is common to not remember what happened during your procedure, and/or feeling tired for rest of the day. **With IV sedation, do not drive, use machinery or power tools or make important legal or financial decisions for the next 24 hours.**

Diet

There are no diet restrictions. Avoid alcohol for 24 hours. Drink plenty of fluids for the next 24 hours.

Activity

Get plenty of rest for 24 hours after the procedure. Avoid any strenuous exercise, contact sports, lifting objects which are more than 5 pounds, for 7 days, or **anything that will dislodge the drain.**

Dressing

Keep your bandage dry. Replace bandage as needed if it becomes soiled or wet. If you have a drainage bag, empty it as required. You may shower on the next day after your procedure ensuring the badge/drain remains dry. **Do NOT swim or use a hot tub while you have a drain inserted.**

Medication

Avoid taking medication containing aspirin or blood thinners for 3 days after your procedure. Take pain medication, as prescribed, or you may take Acetaminophen (Tylenol®) (if no allergy) 1 – 2 tablets every 4 – 6 hours as needed for pain, up to a maximum of 4,000 mg in 24 hours. You may take your next pain medication at: _____.

Other

If you received IV sedation you must return home with a responsible adult who will remain with you overnight. You should not take public transit after the procedure.

Follow Up

If applicable, Home and Community services will contact you to set up home care services. Call (905) 762-4028 if you do not hear from them in 24 hours. If your tube falls out or moves significantly out of place, please call the **Diagnostic Imaging Day Unit (905) 472-7373 ext.1521** (Mon-Fri 8:00am-3:00pm), after hours go to the Emergency Department.

CALL YOUR DOCTOR DURING OFFICE HOURS, OR GO TO THE NEAREST EMERGENCY DEPARTMENT OR CALL 911 IF YOU HAVE:

1. Fever over 38.5°C or 101.3°F, or shakes and chills
2. Increasing redness, tenderness, swelling, bleeding or bruising at the procedure site
3. Increasing pain to the drain site not relieved by acetaminophen or abdominal distention
4. Heavy vaginal bleeding (with ovarian abscess drainage)
5. Sudden onset of chest pain, shortness of breath or difficulty breathing, or heart rate over 100 bpm
6. Dizziness, light headedness or confusion, exhaustion, extreme weakness, sweating, pale/blue skin
7. Persistent nausea, vomiting or diarrhea
8. Bright red Blood draining into the drainage bag (pink tinged fluid is ok).