Predoctoral Internship in Clinical Psychology
MARKHAM STOUFFVILLE HOSPITAL

General Information
Markham Stouffville Hospital is a progressive, two-site, community hospital with leading diagnostic services and clinical programs in acute care medicine and surgery, addictions and mental health, and maternal and child health. Partnering with other specialist providers, the hospital’s 438 physicians and 1,900 staff make it the centre of community care for the residents of the City of Markham and the Towns of Stouffville and Uxbridge.

History: Markham Site
Anticipating the community benefit of a local hospital, a group of residents of Markham and Stouffville started building awareness of the need for care close to home back in the 1950s. That led to a full-fledged campaign by the early 1960s. In 1967, a sizeable donation of land was received from philanthropist Arthur Lacham, and in 1968 a hospital corporation was officially founded. Approval from the provincial government for a hospital in Markham was finally received in 1982, conditional upon a $5 million community contribution as part of the estimated $45 million construction cost. Within 18 months, the overwhelming generosity of our community resulted in that goal being met. Final Government approval came in 1985 and construction began in the midst of what was then the cornfield along 9th line in July of 1987. The Hospital - Markham Site - opened its doors on March 5, 1990 to a welcoming community of approximately 77,000 members.

History: Uxbridge Site
In January of 2004, Markham Stouffville Hospital Corporation welcomed Uxbridge Cottage Hospital as a partner site in the provision of hospital care to a now broader geography and extended community. The Cottage Hospital (Uxbridge) had officially opened in January 1959, a two-storey brick structure housing 25 beds and offering medical, surgical care, emergency, diagnostic and obstetrical services. Since then many changes have been made as the hospital sought to keep pace with the growing community and rapidly developing changes in the provision of community care. Aligning with the Markham Stouffville Hospital has resulted in a real partnership of care, incorporating new technology and management practices that focus clearly on the best care closest to home for members of the community and surrounding areas.

Looking Ahead
York Region has earned wide recognition as one of the fastest growing Regions in the Province of Ontario. The Towns of Markham, Stouffville and Uxbridge now number close to 300,000 residents. On March 10, 2013, Markham Stouffville Hospital’s expansion opened its doors, doubling the size of the current hospital, with an expanded emergency department, expanded diagnostic imaging centre, enhanced maternal child program and expanded mental health services. The hospital will undergo significant renovations to the existing building, ensuring the hospital continues to meet the needs of these growing communities. For more information, visit www.msh.on.ca, find Markham Stouffville Hospital on Facebook and follow @MSHospital.
We Believe our role is to help you maximize your health

We Will Do This By...
- Delivering programs that address your health care needs from birth through death
- Refining our programs and making required investments to meet the changing and diverse needs of the people we serve
- Developing our programs to include prevention, early diagnosis and rehabilitation
- Maximizing partnerships to support you in achieving a healthy lifestyle
- Evolving into a health care centre where our impact is felt beyond our physical walls

We Believe we must deliver safe, high quality care

We Will Do This By...
- Providing compassionate, patient-centered care
- Assessing and ensuring our clinical effectiveness
- Focusing on patient safety and reducing preventable harm
- Continually seeking ways to sustain and improve the way our care is provided
- Enhancing and developing formal linkages with our physicians and other providers to ensure the right care is provided at the right time
- Collaborating with research and innovation partners to enable early adoption of leading edge technologies and practices

We Believe we must invest in our people

We Will Do This By...
- Creating an environment in which our people are safe, valued and inspired to be their best
- Fostering an inter-professional collaborative team environment
- Maximizing information and technology to enable our processes
- Providing the education and support to adopt new technologies and leading edge practices
- Leveraging our role as a community teaching hospital

We Believe we must be accountable

We Will Do This By...
- Achieving efficiencies through a continuous focus on process improvement and collaborative partnerships
- Promoting robust information which will be the basis for benchmarking and decision making
- Treating each other with respect and communicating openly with patients, staff, physicians and broader community
- Being fiscally responsible and contributing to long-term sustainability of the health care system
MSH PREDOCTORAL INTERNSHIP PROGRAM

IN CLINICAL PSYCHOLOGY

General Information

The Mental Health Services at MSH include Adult Outpatient Services, Children and Adolescent Services (C&AS), Crisis Services, and the BRIDGE day treatment program (Building, Restoring, Initiating, Developing, Growing and Empowering). For further details on the programs and services that we offer at MSH, please visit our website: http://www.msh.on.ca/programs_and_services.

There are two full-time registered psychologists in the Mental Health System, one in the Adult Outpatient Services and one in C&AS. The program officially offers an opportunity for 1 full-time (2000 hours) predoctoral internship in Psychology within the Adult Outpatient Mental Health Program. However, opportunities may also be available, depending on time and supervisor availability, with the C&AS.

Funding is available for the adult internship, subject to yearly budget review. Benefit package will include vacation, education, and sick days (details to be discussed with the Director of Outpatient Mental Health Services) as well as statutory holidays. Interns are required to obtain professional liability insurance.

We also provide interns with the opportunity to work away from the office one Friday per month for professional development opportunities. This time can be used for a number of things, such as completing reports, required readings, dissertation related material, etc. This time can be used at the Interns discretion either on or off site.

Core Experiences

The following will be completed over the course of the year by the Intern:

- Interns will complete a minimum of 8 assessments. Assessments will be comprehensive and based on psychometrically-sound instruments.

- Interns will carry at a caseload of 8-10 individual therapy clients.

- Interns will gain experience in two modalities of therapy (individual and group) and will have opportunities to gain experience in more than one theoretical approach to intervention (e.g., CBT and EFT).

- Interns will co-facilitate at least one group.

- Interns will discuss clinical cases, professional and ethical issues, and the program evaluation project as part of weekly group supervision.
• If available, interns will have the opportunity to supervise a practicum student.

• Interns will be responsible for making two case presentations during clinician rounds and/or case conferences.

• Interns will be required to demonstrate competence in at least one empirically supported treatment.

• Interns will conduct a psychological assessment or psychotherapy with at least one patient from an ethnic minority group.

**Rotation in Adult Outpatient Mental Health**

The program is designed to offer interns the opportunity to gain direct experience in psychodiagnostic assessment and clinical work with clients who have acute and/or chronic mental disorders. Treatment is offered in both group and individual contexts and the following models are utilized: cognitive behavioural therapy (CBT), emotion focused therapy (EFT), and dialectical behavioural therapy (DBT). Interns are offered the opportunity to co-facilitate a CBT group for mood disorders, Coping with Emotions Therapy group, and carry an individual caseload for clients presenting with a variety of Axis I as well as comorbid Axis II presentations.

Interns are also provided the opportunity to conduct diagnostic assessments using structured clinical interviews (SCID) and empirically validated measures. Assessments are conducted for referral questions such as diagnostic clarification, treatment recommendations, assessment of intellectual functioning, as well as to determine suitability for group therapy. A strong emphasis is placed on gaining a solid understanding of diagnostic nomenclature using DSM categories.

Opportunities for program evaluation and research are potentially available and encouraged. Weekly case conferences, led by Psychologists and staff Psychiatrists, encourage students to conceptualize difficult clinical presentations and collaboratively generate treatment options. Clinicians’ rounds and group supervision alternate on a biweekly basis and are required for all interns. They provide a forum for interns to discuss challenging cases and participate in clinical triaging. Over the course of the training year, interns gain an excellent understanding of interdisciplinary clinical practice. The multidisciplinary team consists of psychology, psychiatry, mental health nursing staff, social workers, recreational therapists, occupational therapists and support staff. The atmosphere is very collegial and very supportive of psychology interns. Opportunities to engage in collaborative clinical work and education are offered. There are also opportunities to gain exposure to inpatient mental health services, the day treatment program and the crisis team.
Application procedure

Applications for the Adult Mental Health internship positions are to be submitted to:

Attention: Human Resources
Markham Stouffville Hospital
381 Church Street
Markham, Ontario
L3P 7P3

Application Deadline: TBD

All applications should contain the following:

- The MSH Application Form (see next page);
- A current curriculum vitae;
- Three letters of reference preferably from clinical settings;
- A cover letter outlining your training goals and needs and how they fit within the services offered at MSH;
- Unofficial undergraduate and official graduate academic transcripts;
- One example of an assessment report you have written with identifying information removed is also required;

Questions about the internship program may be directed to Dr. Helen Chagigiorgis at:

Dr. Helen Chagigiorgis, Ph.D., C. Psych.
(905) 472-7011, ext. 7014
Fax: (905) 472-7371
HChagigiorgis@msh.on.ca
THE MARKHAM STOUFFVILLE HOSPITAL
PREDOCTORAL INTERNSHIP PROGRAM IN PSYCHOLOGY
APPLICATION

Name: ________________________________________  SIN: __________________________

Address: __________________________________________________________
                                                     __________________________________________________________
                                                     __________________________________________________________

E-Mail: __________________________________________________________

Telephone: Home: ________________________  Office: __________________________

University you are now attending: __________________________________________

Program in which you are enrolled: _________________________________________
(i.e. Clinical, Neuropsychology, etc.)

Is the program CPA or APA accredited? CPA   APA

Year Started: ________

Degrees already obtained:

Degree: ______ University: __________________ Year: ___ Major: ______
Degree: ______ University: __________________ Year: ___ Major: ______

Names, addresses and telephone numbers of three (3) persons familiar with your work that will be submitting letters of recommendation.

1. ______________________________________________________________

2. ______________________________________________________________

3. ______________________________________________________________

Director of Clinical Training in Your Program.

4. ______________________________________________________________

Signature _____________________ Date ___________________________