

Patients are discouraged from bringing their children to the hospital when the child is not the patient.
Please visit www.msh.on.ca

UGI (Upper Gi Series) Takes approximately 15 minutes.

Nothing to eat or drink after midnight (expect to swallow necessary medications).

Nothing to eat or drink for four hours for patients under three years of age for UGI/Barium Enema.

UGI/FT (Small Bowel Series) May take two to four hours.

Nothing to eat or drink after midnight (expect to swallow necessary medications)

Barium Enema May take approximately 30 minutes.

Day 1 - Take two Dulcolax tablets at bedtime.

Day 2 - No solid food. Drink at least five glasses of water or clear fluid throughout the day.

(Jello, broth, apple juice, clear coffee or tea)

At 7:00 p.m. take one bottle of cold Citromag. At 10:00 p.m. drink clear fluids and take

two Dulcolax tablets, if bowels have not moved.

Day 3 - Morning of examination. At 7:00 a.m. take clear fluids. Nothing after this.

Mammography Do not use powder and/or deodorant on day of exam. If you have had a mammogram

before in another institution, please bring those previous films with you.

OBSTETRICAL / PELVIC ULTRASOUND EXAMINATIONS

Obstetrical / IPS / BPP / Pelvic

For obstetrical exams later than 12 weeks, a full bladder is NOT necessary.

For obstetrical exams before 12 weeks or Pelvic exams a full bladder IS necessary.

Finish drinking four full 8 oz. glasses of water one hour prior to appointment. (DO NOT EMPTY YOUR BLADDER)

Abdominal Nothing to eat or drink for eight hours prior to your appointment (except to swallow necessary medications).

For children under three years, feed as usual. For abdominal and pelvis - have nothing to eat, but drink as above.

Renal Drink two full 8 oz. glasses of clear fluid to fill your bladder. (DO NOT EMPTY YOUR BLADDER)

NUCLEAR MEDICINE EXAMINATIONS

Cardiolite Test Takes approximately four hours MUST BRING comfortable pants or shorts, loose-fitting short-sleeved shirt, rubber-soled closed toe shoes, list of all medicines.

-No Beta Blocker medicine for 48 hours (unless your Doctor tells you not to stop them) check with pharmacy which medicines are Beta Blockers.

-No decaf or caffeine drinks, no green tea, no chocolate, no pop for 24 hours before test date.

-No Tylenol or other medicines or supplements containing caffeine for 24 hours before test date.

-No eating for three to four hours before test (diabetics may have juice).

Thyroid Uptake/Scan Bring previous thyroid ultrasound report to the exam

Stop taking thyroid medications four weeks prior to appointment.

Renal Scans Drink two to four glasses of water prior to appointment. (You may empty your bladder)

Stop ACE inhibitor medications 48 hours before test date unless your Doctor tells you not to stop them.

Billiary/Gastric Nothing to eat or drink for four to six before test. Do not fast longer than six hours.

Bone Scans Bring previous x-rays to the exam. Also requires delayed imaging three to four hours after initial injection.

Technologist will verify return time after initial injection.

Bone Density To avoid paying cash for this exam please check the date of your last Bone Mineral Density (BMD) test with your Doctor to understand when your BMD will be insured by the Ministry of Health. If the previous BMD was done elsewhere please bring a copy of the imaging print-out with you.

YOU MUST ARRIVE 15 MINUTES BEFORE YOUR APPOINTMENT TO REGISTER AND ARRIVE TO YOUR APPOINTMENT LOCATION.