

**NOTE: Incomplete and / or unsigned requisitions will be returned!**

PLEASE PRINT CLEARLY  
OR AFFIX LABEL TO BOTH PAGES WITH COMPLETE INFORMATION

MARKHAM STOUFFVILLE HOSPITAL CORPORATION

**Diagnostic Imaging, Cardio-Respiratory  
Electro-Diagnostic Referral**

Markham Site Booking Line: (905) 472-7020 Fax: (905) 472-7078  
Uxbridge Site Booking Line: (905) 852-9771 Fax: (905) 852-2465

Appointment Date & Time: \_\_\_\_\_

Hospital MRN #: _____
Patient Name: _____ <small>Last First</small>
Date of Birth: _____ Sex: F M <small>Day Month Year</small>
Health Card # _____ Version Code: _____
Telephone # Home: _____
Other Telephone #: _____

Date:	Referring MD	Signature	MD Phone #
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Additional Reports to:

**Clinical Information and REASON FOR STUDY: (MUST BE INCLUDED)**

**DIAGNOSTIC IMAGING**

**X-RAY Please print Radiography and special procedures request clearly**

**Mammography**  MSH or  Uxbridge Site  Routine  Other (specify) \_\_\_\_\_ Indicate Findings: \_\_\_\_\_



Please read instructions on reverse

**Appointments**

Date Time

**For Image Guided Biopsy:**

Patient on Aspirin  Yes  No Patient on anticoagulants/blood thinners  Yes  No

**Ultrasound**  MSH or  Uxbridge Site  Peripheral Venous Doppler  
 Abdominal  IPS (NT)  Carotid Doppler  
 Renal  Obstetrical  Arterial Leg Study  
 Pelvic  BPP **(MSH only)**  
 Transvaginal  Biopsy Type: \_\_\_\_\_  
 Thyroid, Breast  L  R Scrotum,  Transrectal (TRUS) Biopsy  
 MSK, Other: \_\_\_\_\_

**Nuclear Medicine** \*  MSH or \*  Uxbridge Site **(MSH only)**  
 \*  Bone Density (BMD)  Gated Heart (MUGA)  Renal DTPA Function  
 Previous BMD date: \_\_\_\_\_  Liver/Spleen  Renal CAPTOPRIL  
 Bone Scan Focus: \_\_\_\_\_  RBC Liver  Renal LASIX  
 Gallium Scan Focus: \_\_\_\_\_  Thyroid Scan Only  Thyroid Uptake/Scan  
 Exercise Cardioline (see instructions)  Biliary  Other: \_\_\_\_\_  
 Persantine Cardioline (see instructions)  Salivary Scan \_\_\_\_\_

**CARDIO-RESPIRATORY & ELECTRO-DIAGNOSTICS**

Date Time

**Cardiovascular** \*  MSH or \*  Uxbridge Site  
 \*  Holter Monitor 24hr 48hr 72hr \*  Echocardiogram \*  ECG  
 Cardiac Stress Test (MSH only)  Fetal Echo with consult (MSH only)  
 Ambulatory Blood Pressure Monitor (MSH only)  Paediatric Echo with consult (MSH only)

**Respiratory (MSH only)**  
 Routine Pulmonary Function  Walking Oximetry  
 Methacholine Inhalation Test  Home Oxygen Assessment (Respirologist only)  
 Arterial Blood Gases  Exercise Induced Asthma Study (Respirologist only)  
 Asthma Education Clinic

**Electro-Diagnostics (MSH only)**  
 EEG  EEG (Sleep Deprived)

<p><b>UGI (Upper GI Series)</b> Takes approximately 15 minutes. Nothing to eat or drink after midnight (except to swallow necessary medications). Nothing to eat or drink for 4 hrs for patients under 3 years of age for UGI/Barium Enema.</p>
<p><b>UGI/FT (Small Bowel Series)</b> May take 2-4 hours. Nothing to eat or drink after midnight (except to swallow necessary medications).</p>
<p><b>Barium Enema</b> Takes approximately 30 minutes. Day 1 - Take 2 Dulcolax tablets at bedtime. Day 2 - No solid food. Drink at least 5 glasses of water or clear fluid throughout the day. (Jello, broth, apple juice, clear coffee or tea) At 7:00 p.m. take one bottle of cold Citromag. At 10:00 p.m. drink clear fluids and take 2 Dulcolax tablets, if bowels have not moved. Day 3 - Morning of examination. At 7:00 a.m. take clear fluids. Nothing after this.</p>
<p><b>Mammography</b> Do not use powder and/or deodorant on day of exam. If you have had a mammogram before in another institution, please bring those previous films with you.</p>

**OBSTETRICAL / PELVIC ULTRASOUND EXAMINATIONS**

<p>For obstetrical exams family members are welcome. Please consider our space restrictions. For obs exams later than 12 wks, a full bladder is NOT necessary. For obs exams before 12 wks or Pelvic exams a full bladder IS necessary. Finish drinking 4 full 8 oz. glasses of water 1 hour prior to appointment. <b>DO NOT EMPTY YOUR BLADDER.</b></p>
<p><b>Abdominal</b> Nothing to eat or drink for 8 hours prior to your appointment (except to swallow necessary medications). For children under 3 years, feed as usual. For abdominal &amp; pelvis - have nothing to eat, but drink as above.</p>
<p><b>Renal</b> Drink 2 full 8 oz. glasses of clear fluid to fill your bladder. <b>(DO NOT EMPTY YOUR BLADDER)</b></p>

**NUCLEAR MEDICINE EXAMINATIONS**

<p><b>Cardiolite Test</b> takes approximately 4 hrs <b>MUST BRING</b> comfortable pants or shorts, loose-fitting short-sleeved shirt, rubber-soled closed toe shoes, list of all medicines. -no Beta blocker medicine for 48 hrs (unless your Dr. tells you not to stop them), check with pharmacy which medicines are beta blockers. -no decaf or caffeine drinks, no green tea, no chocolate, no pop for 24 hours before test date. -no Tylenol or other medicines or supplements containing caffeine for 24 hrs before test date. -no eating for 3-4 hrs before test (diabetics may have juice).</p>
<p><b>Thyroid Uptake/Scan</b> Bring previous thyroid ultrasound report to the exam. Stop taking thyroid medications 4 weeks prior to appointment.</p>
<p><b>Renal Scans</b> Drink 2-4 glasses of water prior to appointment. (You may empty your bladder) Stop ACE inhibitor medications 48 hours before test date unless your Dr. tells you not to stop them.</p>
<p><b>Biliary/Gastric</b> Nothing to eat or drink for 4-6 hours before test. Do not fast longer than 6 hours.</p>
<p><b>Bone Scans</b> Bring previous x-rays to the exam. Also requires delayed imaging 3-4 hours after initial injection. Technologist will verify return time after initial injection.</p>
<p><b>Bone Density</b> To avoid paying cash for this exam please check the date of your last BMD with your doctor to understand when your BMD will be insured by the Ministry of Health. If the previous BMD was done elsewhere please bring a copy of the imaging printout with you.</p>

**CARDIO-RESPIRATORY & ELECTRO-DIAGNOSTIC**

<p><b>Echocardiogram (Ultrasound of heart)</b> Allow 45 min. No preparation needed. Wear 2-piece outfit.</p>
<p><b>Cardiac Stress Test</b> Takes 30 min. No coffee / tea day of test, eat 2 hrs prior to test. Wear exercise clothing (shorts, pants, rubber soled shoes and short sleeved t-shirt). Stop beta blockers only on your doctor's orders. Bring list of medications.</p>
<p><b>Holter Monitor/Ambulatory Blood Pressure Monitor</b> Takes 30 min. Wear a comfortable 2-piece outfit and a belt.</p>
<p><b>Pulmonary Function Test</b> Takes 30 min. No asthma inhalers 12 hours prior to the test, except Salbutamol (Ventolin) which may be taken up to 4 hours prior to test.</p>
<p><b>Methacholine Challenge</b> Takes 1 hr. Ensure detailed instructions are given to you by your referring doctor. No asthma inhalers 12 hours prior to test. No antihistamines 4 days prior to test.</p>
<p><b>Exercise Induced Asthma (Refer to Pulmonary Function Test and Cardiac Stress Test.)</b> Takes 1 hr. 30 mins. (not for children under age 9)</p>
<p><b>Sleep deprived EEG</b> - obtain detailed instruction upon booking test.</p>

**YOU MUST ARRIVE THIRTY MINUTES BEFORE YOUR APPOINTMENT AND BRING THIS REQUISITION**